



Fina
WORLD
CHAMPIONSHIPS

**WATER. WONDER.
WELCOME.**



Swimming, day 8, flash quotes-afternoon

2017.07.30. 17:10 CET

KING Lilly (USA), 29.40, won in women's 50m breaststroke with new WR:

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EFIMOVA Yuliya (RUS), 29.57, finishes as 2nd in women's 50m breaststroke:

"I have clinched three medals in the individual medleys, from every colour I obtained one, so I am extremely satisfied. I am even happier because of the result of the medley. I love swimming in the medley, this is my favourite event. I gain so much energy from the others that I can do my best. Regarding Russia, this is an exceptionally good result. I feel that we are very close to the Americans and soon we can beat them. We have been swimming together in this composition for a long time, we gained every kind of places, but this was the first time that we could clinch a medal, and what is more, a silver as a start. This is a wonderful result for us. I swam a great time in the individual, but I think I can be better than this. Actually, this is my goal. During the World Championships, I have been improving my results continuously, and after the preliminaries, I managed to swim better times. I think this is very encouraging in terms of my future improvements."

MEILI Katie (USA), 29.99, bronz medallist in women's 50m breaststroke:

"I managed to swim a personal best, finally, I went below 30 seconds. I am very happy about my time and place. After a silver medal, I gained a bronze as well at the World Championships. I would have been satisfied with this beforehand. I felt wonderful. I think Budapest became my favourite city!"

KALISZ Chase (USA), 4:05.90, won in men's 400m IM with new Championship Record:

"I feel good. It's three years down the road. Everything kind a one big step year by year. I think I made a good step forward this year and made a good progress, but I have million things to work on. Certainly it wasn't a race what was technically perfect for me. I swam grate, but I think there are lots of improvement I can make. I will take a little bit time off after this. I'm in a good period now and I'm more focused and more motivated than ever."

VERRASZTO David (HUN), 4:08.38, finished in the 2nd position in men's 400m IM:

"This swimming was 90%, but I am happy, as I have reached the world's second best time at the World Championships after a very difficult year. I would have wanted to become a world champion, but Kalisz was better than me. My strategy was that I will speed up in the finish and overtake him, but I felt after 300m that this is too much for me, so from there I paid attention to gaining the silver. I am 29 years old now, so if I had finished sixth place, I would have gone to work at a café, but it seems that not only the younger ones can continue swimming. Therefore, I will carry on as I have never won world championships, so I still have motivation. "

SETO Daiya (JPN). 4:09.14, bronze medallist in men's 400m IM:

"I have been in a very good shape at this World Championships. Despite all this, I didn't succeed in bringing the expected results. Throughout the whole World Championships my impression was that the field is getting more stronger and because of this, I have to train harder too so that I can keep up with them. I didn't manage to win a gold medal, I couldn't make a triple as a world champion. I have to draw the conclusion and pay more attention next time. This is the best way to accept this bronze medal. Concerning my strategy, I tried to swim very fast at the beginning, so that I can relax during the breaststroke and have a good race in the finish. Unfortunately, this is not how it went, I didn't manage to break away from the field and the second part of the heat wasn't the way I imagined it either. Nevertheless, I am satisfied that the medal is secured and I hoped that I can win with the freestyle and I changed my tactics. Eventually, I am content with the bronze"

SJOSTROM Sarah (SWE), 23.69, won in women's 50m freestyle:

"This World Championships went well. I would have been satisfied with three gold medals beforehand too. I am happy that on the final day I managed to do it, but I have a little discomfort because of the 100m freestyle. Simultaneously, I am very proud that I could swim two world records at Budapest!"

KROMOWIDJOJO Ranomi (NED), 23.85, finished 2nd in women's 50m freestyle::

"This competition was simply unbelievable! My goal was to clinch a medal whatever its colour is. At 50m, a lot depends on the start and I didn't succeed in doing so well but all in all, I am very happy with the silver."

MANUEL Simone (USA), 23.97, bronze medallist with new American Record :

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LACOURT Camille (FRA), 24.35, won in men's 50m backstroke:

"I am very satisfied with this victory, but mostly with the fact that I could finish my career this way. This was my dream to stand on the podium at the last competition of my life and that I managed to stand on the highest step is simply amazing. I can't say too much now, understandably I have a lot of feelings going on in me now, as it was my last race. To be honest, I didn't do anything differently today as I did before, this was a normal race day for me. Now I only would like to be with my loved ones and friends, so that I can enjoy fully this

last beautiful moment."

KOGA Junya (JPN), 24.51, silver medallist in men's 50m backstroke:

"It wasn't a very fast heat, so I could have won it as I can swim a better time. My strong point is the start, therefore I wanted to break away from the field very soon and keeping the advantage touch the wall, but compared to the semi-final, I got soar muscles, so I couldn't do my best."

GREVERS Matt (USA), 24.56, finished as 3rd in men's 50m backstroke:

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HOSSZU Katinka (HUN), 4:29.33, won in women's 400m IM with Championships Record:

"It was not simple from the inside, even if it seemed so from the outside. I expected that it is going to be difficult to swim 400m individual medley on my last day as it was always the last event in the past few years. On the last 100 metres I heard the cheering and then I tried to finish it, but the last 25 metres were really slow. In my opinion, this World Championships couldn't have been better for me. I expected that swimming in front of a home crowd will be wonderful, but not that much! I tried to benefit from this all week long."

BELMONTE Mireia (ESP), 4:32.17, finished as 2nd in women's 400m IM:

"I am really satisfied with the silver. I am happy to conclude the World Championships with a tally of three medals, including a gold. Katinka Hosszú was very fast right from the start, no surprise she was unbeatable this time as well, since her performance was stable throughout the entire tournament"

PICKREM Sydney (CAN), 4:32.88, bronze medallist in women's 400m IM

"It was a very difficult race, I got really exhausted. I couldn't see the others around me, I dealt only with myself. I am very satisfied with my result. This was a long week, I did my best, so I am very happy. I need some time to process all the things that happened to me at the World Championships. My tactic was to push it as hard as I can in the finish. Fortunately, I succeeded."

PALTRINIERI Gregorio (ITA), 14:35.85, won in men' 1500m freestyle:

"I did not deal with the time at all, I just wanted to win simply. I was disappointed after the 800m that did not go well, therefore I definitely wanted to improve my performance on 1500m. It was very difficult to swim with the Ukranian boy right after me, but I tried to solve this race smartly with a clear head. I did not use any tactics, I just swam. I only saw what a good time I swam, I think I will still be able to improve it."

ROMANCHUK Mykhailo (UKR), 14:37.14, silver medallist in men' 1500m freestyle:

"I tried everything to beat the Olympic champion, but what can I say, he is still the world's

best swimmer...Maybe next time I can beat him. I swam my personal best. After my failure in Rio, I prepared a lot for this. It was worth it.."

HORTON Mack (AUS), 14:47.70, finished as 3rd in men' 1500m freestyle:

"My time was average. I wanted to take it harder. I was stressed a little bit, I struggled with my speed. I won't have a day off, I will continue practicing, maybe compete in Europe, but now is hard to tell."

DRESSLER Claber (USA), member of the men's 4x100m medley relay team:

"I'm very happy to be done. I'm pretty tired, but It's been a good season, a good year and put together this seven days, really nice feelings. It was lot more than we went into it. It's great to get 7 golden medals. I guess I was going to here I know had a chance in a few events and the relays was the real prize for America, so it was a lot of fun for me to be the part of it. 2015 was our best year for the swimming, so to come out in 2017, after Rio, we worked as a team, everyone did, and the 18 golds, 10 silvers, 10 bronzes speaks for itself. The atmosphere was fantastic. I've never felt like this. Especially for the Hungarian swimmers, you know it's great. I absolutely envy that, the man of respect and the energy that came from the stands from the Hungarians was awesome, so I loved it."