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WORLD
CHAMPIONSHIPS

**WATER. WONDER.
WELCOME.**



Swimming, day 7, flash quotes-afternoon

2017.07.29. 17:05 CET

SJOSTROM Sarah (SWE), 24.60, won in women's 50m butterfly with new World Championships Record:

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KROMOWIDJOJO Ranomi (NED), 25.38, silver medallist in women's 50m butterfly:

"It was an amazing night! We had achieved everything we could and we wanted! Of course the goal is always the gold, but today Sarah and the US team were unbeatable! I know, I need to improve and need to be faster, but right now, I'm very happy with the silver medals!"

OSMAN Farida (EGY), 25.39, finished as 3rd in women's 50m butterfly with new African Record:

"I am very happy, I didn't expect such a great result. I thought I would swim as fast as I could and see where it would take me. This is what I did, I swam giving it all and I succeeded. I didn't pay attention to others, I had no clue which position I was at, I focused solely on my performance. Although I aimed at finishing on the podium, I must admit I am surprised that I managed to do so."

DRESSEL Caeleb Remel (USA), 21.15, won in men's 50m freestyle:

"Which one you are asking about? :).... The last relay was a lot of fun, I try to swim as good as my individual races, I wanted to lead it all, such a blast and the whole relay was a great fun. I didn't have much time to think tonight. It's back to back events. It is physically demanding, mentally it is more straining, so I have 24 hours till my next swim, so I will give myself 30 minutes to think about it, and refocus on the relay tomorrow. I'm really tired now. One more round yes. I can't tell you if I'm going to the relay, but I got a 100m left and I'm looking forward to it."

FRATUS Bruno (BRA), 21.27, silver medallist in men's 50m freestyle:

"I have become a real 'silver man' here in Budapest, after the relay now I have claimed another medal of this shade. I cannot even recall the last time I was feeling so good in the

pool, probably it has been the best week of my life and the two best races of my career so far. It feels great to see all the hard work paying off. I believe in myself, I work hard at trainings and swimming means a lot more to me now than ever. In a World Championships final I finally managed to improve my personal best after attempting to do so for two years, I couldn't be happier."

PROUD Benjamin (GBR), 21.43, finished as 3rd in men's 50m freestyle:

"It wasn't too hard, same as the other days. I was just trying to forget the whole situation and do a perfect swim. I wanted to put myself in to the best position I could and I really showed off. I did everything I could, so I'm very happy with the result. The crowd is one of the best in the world. Not often you get such a special atmosphere when you are swimming."

SEEBOHM Emily (AUS), 2:05.68, defended her title in women's 200m backstroke:

"I am really proud of myself winning this heat. Honestly, winning in such a great tournament in such a strong field is something I can truly be proud of and in fact I definitely am. The atmosphere was great. It helped me a lot to know my family and friends support me and they are there for me, so many thanks to them."

HOSSZU Katinka (HUN), 2:05.85, finished as 2nd in women's 200m backstroke:

"I wanted to claim a medal today madly, so I am really happy about the silver. I planned to get some advantage at the beginning and see what happens. Although I could not see Seebohm from lane 1, but I knew she was coming, what is more, in the final sprint she was in fact faster, yet I am not disappointed at all. I managed to improve my personal best which I am really happy, especially in light of my somewhat weaker performance of yesterday. Although there is still a lot to improve about my movements, I should not be disappointed about my performance."

BAKER Kathleen (USA), 2:06.48, bronze medallist in women's 200m backstroke:

"I'm so happy. That was my 9th individual race. Come away with two medals, I'm over ecstatic. From inside it was good, it hurt really well, but this is such a good day."

DRESSEL Caeleb Reme (USA), 49.86, won in men's 100m butterfly

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MILAK Kristof (HUN), 50.62, silver medallist in men's 100m butterfly

"I am at loss of words now. I saw Dressel swimming beside me, it is crazy I could keep up with him in the first leg without much effort really. Then in the second half I started speeding up at an extent which was incredible for me as well. I had a feeling that it would end in a good time result but I didn't think it would be so outstanding."

SCHOOLING Joseph, 50.83, finished as 3rd in men's 100m butterfly:

"It was a fantastic swim, a very close race, the Hungarian guy did an excellent job so I feel lucky to have finished third in the end. Last year at the Olympics it was my great debut on the international stage, now Kristóf Milák took the floor. His time result is fantastic, I believe he has a bright future to come. By the way, my motivation doesn't decrease when I see others exceeding me. On the contrary, it encourages me to do better. This is the beginning of a new Olympic cycle, I guess I could have claimed a better position if I had managed to focus on this heat properly. I don't know why I didn't manage to do so."

GUY James, 50.83, finished as 3rd in men's 100m butterfly:

"It was a pretty good swim today! As I'm a little bit tired of the relay last night, which was a highlight and I could not sleep enough, the bronze medal is pretty good for me."

CSEH Laszlo, 50.92, finished at the 5th position in 100m butterfly:

"It was a great swim, I almost managed to improve my personal best and I enjoyed the race a lot. Maybe I missed some dynamics, but at least there will be something to work on in the upcoming period. My pace in the first leg was not as appropriate, it didn't feel bad yet there is a lot to improve. Let me congratulate Kristóf here, he managed to surprise everyone with his performance at the World Championships, moreover, he did an excellent job in the final, as well. I will try and bounce back next year, I guess it will be a good start for some great races."

BOHUS Richard (HUN),

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LEDECKY Katie (USA), 8:12.68, won in women's 800m freestyle:

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LI Bingjie (CHN), 8:15.46, finished as 2nd in women's 800m freestyle:

"I didn't expect to reach to the top international filed of swimmers and make it to the podium in such a short time. I didn't anticipate clinching silver at all. It was amazing to swim as the runner up to the best freestyle swimmer lady, Katie Ledecky. I planned to follow her closely all throughout the heat and luckily I managed to do so. In the meantime I was looking right and left to see how others were doing. I am absolutely satisfied with the result and I am extremely exhausted. I am still young, I wish to keep improving. My future plans include finishing on the podium at the Olympics once."

SMITH Leah (USA), 8:17.22, bronze medallist in women's 800m freestyle:

"My best time was 8:20, and I had missed to get above it a few times, but now I have 8:17, so it is really great for me. Two American women on the podium in both of 400m and 800m was very special. We have a lot of records here, I think the crowd and the audience helps us to reach that times, it is a quite great event that Hungary has put on."

KAPÁS Boglárka (HUN), 8:24.41, finished as 5th in women's 800m freestyle:

"I wouldn't say it was a slower final than at the Olympics. Although I couldn't see much because I was swimming next to Belmonte and my strategy was to stick to her as long as possible and speed up to exceed her in the end but unfortunately I failed to do so. I didn't see the lanes on the other side at all, and those swimming there were way ahead of us. I expected that Belmonte would swim under 8:20 for sure. It shocked me that in the end it was 8:23. If she had been swimming faster it would have influenced my swim, as well. I do not want to blame her at all, overall I did my best. This time I concluded the World Championships with a fourth and a fifth placement. Obviously this is not what I wished for, yet I have nothing to be ashamed of. The home crowd is amazing and I feel honoured to have swum in the final here three times. They are truly energising, one of a kind, really. "

LEDECKY Katie (USA) as the member of the winning team in mixed 4x100 freestyle relay:

"It is a good feeling, what I always have when represent Team USA. I always try to do my best, to get a medal. I'm happy with my medals. I had some ups and downs this week, but I'm happy to come away with those 5 gold and a silver."

KISIL Yuri (CAN), 3:23.55, bronze medallist mixed 4x100m freestyle relay team member

"I am satisfied with the result, it is always great pleasure to stand on the podium with team Canada. I really like the mixed relay, for me this is one of the most exciting events. It is different from any other events, boys and girls racing together in a team. In addition to competing we have a great time together, which adds a lot to it. This was a great heat, also. In fact we didn't really set up a strategy, we aimed at finishing in the top 3 which we managed to achieve therefore we are perfectly satisfied with our result."

KOZMA Dominik, member of the Hungarian mixed 4x100m freestyle team:

"Unfortunately the national record does not matter in case of this relay, but I hope next time I will make it and I will aim at exceeding Dressel. In fact the goal this time was to have fun in the pool, we wanted to seize the opportunity and enjoy the roaring of this amazing crowd once more. We considered it as a kind of reward game. It's hard to imagine how the crowd can stay active without getting tired of cheering. This time I guess they roared on us even more intensively than when clinching bronze. "

Richárd Bohus, member of the Hungarian mixed 4x100m freestyle team:

"In the relay I did better than I had expected, yet as a matter of fact I could have been faster if I hadn't got so exhausted after the 50m backstroke semi-final. Dominik was blasting incredibly, I was barely alive when standing on the start block but seeing his awesome performance I told myself I should pull myself together because I perfectly knew why and whom I was doing it for. Unfortunately at the backstroke I couldn't touch the wall as fast as I wanted, I guess it could have been 24.6-24.7 as well if I had been luckier. The beauty of sport lies in its degree of volatility, you cannot always win. All in all the 10th placement is

not bad, but it's a pity people don't appreciate it as a tenth placement at the football championships. If they did so, I wouldn't use public transport but ride a better car"