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CHAMPIONSHIPS

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Swimming, day 7, flash quotes-morning

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MOLNÁR Flóra (HUN), 25.61, finished as 28th in women's 50m freestyle:

"It didn't manage the way I imagined it. It was too early for me and for the others as well. I still have a lot in me, which I'll show. I need to improve my time though in case I have a slower swim in the morning I can still get into the final. I managed to have a better start now compared to the one at the butterfly, but I didn't manage to speed up the way I wanted. I'm going to America to train in two weeks time. I'm looking forward to it and I hope I can improve a lot there."

BOHUS Richárd (HUN), 24.93, reached the semi-final:

"I have never managed to swim so well in the morning, it was surprising to me as I felt I swam a little bit tensely. I didn't feel the grips, my shoulders are too loose and this way I reach way above my head as I should do. We have been working on it a lot in America, but now it didn't go so well. As a matter of fact, I'm happy about the ninth place after the preliminaries. I would like to have a better swim in the semi-final."

SZTANKOVICS Anna (HUN), 31.94, finished as 27th in women's 50m breaststroke:

"To be honest, I very much enjoyed the race today, it was better than on 100 metres. As I felt it went well, therefore I'm very optimistic and confident about the mixed medley relay tomorrow. If I manage to start with a similar time on the first 50 metres, then in the second half can be better as well. I'll prepare for this mentally, as there will be four of us who will be swimming, so we are also going to swim for each other."

BALOG Gábor, 25.56, finished as 27th in men's 50m backstroke:

"The whole World Championships is a disappointment for me. A month ago I swam half a second better times compared to my current results. The 100m was a complete disaster, this 50m backstroke was like an excursion, but this 4 tenth is too much... The problem is that I risk life and limb here, I'm the one who stands to lose everything and after such a World Championships if I'm lucky my parents can still support me, but otherwise... The coaches lose nothing, they receive their salaries the same way, but I am the one who swam here and I'm to be blamed that I didn't manage to have a better swim; however, it wasn't me who said how I should train. I swam more, I did everything fairly, I went swimming even on Sunday"

as my coach asked me and then these are the results... This World Championships is a total disappointment for me, I don't know if I should continue swimming or not... I'm feeling down now, so I can't see the point to continue it...When I was preparing with Ivan Petrov, I swam a quarter of this amount and everything went better. And now I have results that I had three years ago. In Rome I was soaring, I felt explosive, and now I simply feel tired. I will go to the Universiade in August, and I hope I will see the results of all my efforts, so far I couldn't see them..."

The Hungarian mixed 4x100m freestyle relay team reached the final:

Zsuzsanna Jakabos:*"I have sore muscles, but I swam as fast as I could, I did my best."*

Evelyn Verrasztó:*"I felt great during swimming. I'm very happy that I could perform in such a medley and we managed to advance. Many of the swimmers didn't start with their strongest medley now, but we are going to do everything in the final so that we can reach a good result."*

Dominik Kozma:*"I felt very well and I managed to swim this time comfortably and I hope I can make it below 48 in the afternoon."*

Nándor Németh:*"For me, it was terrible. The last 25 metres were very painful and I don't feel great now either, but everybody needed to swim his or her best as we were four. I can rest a little until the afternoon, but the members of the team might change and it can happen that I won't swim and Richard Bohus will compete instead of me in the medley in the afternoon."*

RASOVSKY Kristóf (HUN), 15:23.87, 24. helyen végzett férfi 1500m gyorsan:

"The atmosphere is fantastic here at Duna Arena. It was amazing to jump into this pool after the open water swimming. As for the feeling while swimming, after the last few weeks, it wasn't so great to swim, up until 400 metres it was quite pleasant, but after that, I felt that it's going to be difficult. I tried to do my best, but I feel this was the maximum. I tried to swim together with Ákos at the beginning, but after the open water swimming training didn't go so well, therefore I discussed with him that I'll go with him up until I can and I'll try to overtake him at the end. I'm happy that actually, I managed to do this, but my time is not that strong, I hope I can make it better next time."

KALMÁR Ákos (HUN), 15:23.96, 26. helyen végzett férfi 1500m gyorsan:

"I calculated with a bit better time, but I'm satisfied actually. In the morning, it's an acceptable time, although this is not my personal best, and Kristóf didn't break this time either. We had a healthy competition between us, we almost swam together until the end. He was stronger in the finish than me. I lost my swimming cap at 1100 metres, which happened many times before, but I didn't feel it would hold me back, we'll see the times. I hope it's going to be better at the Youth World Championships."