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## Swimming, day 5, flash quotes-morning

2017.07.27. 09:43 CET

**GYURINOVICS Fanni, 55.86, finished as 28th in women's 100m freestyle:**

*"I have never managed to swim below 56 in the morning so I am satisfied with my result, but still I could feel it was a bit too early this morning. I got really exhausted but I will definitely get enough rest till the 200m freestyle relay."*

**BERNEK Péter (HUN), 1:56.53, reached the semi-final with 2nd best time:**

*"I didn't expect to have pains after 150m already, but when I took a look at the scoreboard I could see I was swimming within national record time. Maybe it was a bit too strong but I needed it... I will try and recover for the afternoon session. Maybe I will be able to make it then if I do a somewhat slower first 100m."*

**TELEGDY Ádám (HUN), 1:57.41, reached the semi final with the 8th best time:**

*"I could feel that it was a morning heat, I cannot do so well in the mornings, I hope it will be way better in the afternoon. I made it to the semi-final with the 8th time result so I hope I will manage to go on to the final as well."*

**SEBESTYÉN Dalma (HUN), 2:29.35, finished at 22th place in women's 200m breaststroke:**

*"First and foremost let me say many thanks to the Canadian lady who lent me her goggles because just before the start mine got torn...I must admit I was expecting a better result even if there was a half-year period for me when I had to struggle with injuries, time off, I had a lot of troubles with my back so my preparation was not smooth at all. The audience is amazing, I did my best because of them and I feel I gave it all really. I got so exhausted by the end that I had difficulty pulling myself out of the pool. I hope there won't be any obstacles hindering my preparation next year and it will be a more successful one."*

**GYURTA Dániel (HUN), 2:11.28, finished as 17th in men's 200m breaststroke:**

*"I wouldn't say I am disappointed about the outcome. There are ups and downs in one's career but it doesn't mean anything bad. I put my trust in the new training method we have started with József Nagy, I feel it is the right track now."*

**GYURINOVICS Fanni (HUN), 7:55.77, as the member of the women's 4x100m freestyle relay team:**

*"I got really exhausted because I wanted to give it all for my team. I am happy I could survive, it hurt so bad at the end. I believe we can feel proud, it is never easy to make it to the World Championships finals. In the afternoon my position will be taken by Katinka so I guess another 5 second improvement can be expected which may lead to a pretty good finish in the end."*

**VERRASZTÓ Evelyn, 7:55.77, as the member of the women's 4x100m freestyle relay team:**

*"It's been a long time since I last swam in the World Championships final. I am glad to be back in the team and I am also very positive about improving my result from two days ago. Let's forget about that one, I was not at all satisfied with that result, what is more, I was trying to get over it as soon as possible because I know I have put tremendous work into achieving a good result. I have not yet had the opportunity to see what the atmosphere is like in the afternoon so I am happy that now I have the chance to do so, it will certainly boost my self-confidence. The fact that Katinka joins us in the afternoon will enhance our performance greatly, but I will also do my best to become a bit faster and the girls will give it all, too. Zsu did a good job, the same applies to Ajna, especially because she did not have an easy situation having done 400m twice and 1500m twice but I feel we have the potential to do well in the afternoon. "*